

Grade 5 EVS - Worksheet

Prevention of Diseases

Answer the Following

1. **What is a disease?*
2. **What causes infectious or communicable diseases?*
3. **Name one way infectious diseases can spread.*
4. **Give another way infectious diseases can spread.*
5. **How can infectious diseases spread through the air?*
6. **Name an insect that can spread infectious diseases.*
7. **What is one method to prevent the spread of communicable diseases?*
8. **What is another method to prevent the spread of communicable diseases?*
9. **What can lack of nutrients in the diet cause?*
10. **Name one non-infectious disease.*
11. **Explain what communicable diseases are and how they spread.*
12. **Describe how germs in the air can lead to infectious diseases.*
13. **How can insects contribute to the spread of infectious diseases?*
14. **What measures can be taken to control the breeding of germs?*
15. **Why is immunization important in preventing communicable diseases?*

16. **What are deficiency diseases and what causes them?**
17. **Give an example of a deficiency disease and its cause.**
18. **Explain how contaminated food and water can spread infectious diseases.**
19. **What are non-infectious diseases and give two examples.**
20. **Describe how allergies can affect a person.**
21. **What is diabetes and how does it affect the body?**
22. **Explain the relationship between obesity and non-infectious diseases.**
23. **How can direct contact spread communicable diseases?**
24. **What is the role of a balanced diet in preventing deficiency diseases?**
25. **How can damaged skin lead to the spread of infectious diseases?**